

STEP Lunch Menu

WEEK 1 – for weeks commencing: 05/06/23, 26/06/23, 17/07/23, 11/09/23, 02/10/23

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK ONE	<p>Tomato & Basil Pasta G V, Ve Frittata E, MK V & New Potatoes</p> <p>Jacket Potato & Fillings Sweetcorn & Peas</p> <p>Lemon Drizzle Sponge G, E, SU Fresh Fruit</p>	<p>Chicken Sausage G, SU Vegan Sausage SO V, Ve Mashed Potato SU Jacket Potato & Fillings Peas</p> <p>Flapjack G, Mc: MK & Vanilla Sauce MK Fresh Fruit</p>	<p>Roast Turkey & Stuffing G Cauliflower & Broccoli Cheese MK, Roast Potatoes SU Jacket Potato & Fillings Mixed Vegetables</p> <p>Yoghurt MK Fresh Fruit</p>	<p>Sweet & Sour Quorn E V Vegetable Spring Roll G, SO V, Ve Chinese Rice G, SO Jacket Potato & Fillings Sweetcorn</p> <p>Ice Cream MK Fresh Fruit</p>	<p>Fish Fingers F, G Cheese & Tomato Quesadilla G, MK V Chips Jacket Potato & Fillings Roast Tomato & Baked Beans</p> <p>Yoghurt MK Fresh Fruit</p>

WEEK 2 – for weeks commencing: 12/06/23, 03/07/23, 24/07/23, 18/09/23, 09/10/23

WEEK TWO	<p>Pizza Margherita G, MK, MC: E V Peppers & Olives Pizza G, MK, MC: E V Herby Diced Potatoes G Jacket Potato & Fillings Sweetcorn</p> <p>Strawberry Smoothie Ve Fresh Fruit</p>	<p>Chicken Curry MU Vegetable Curry MK, SO, MC: G V Golden Rice Jacket Potato & Fillings Vegetable Medley</p> <p>Mango Cheesecake G, MK, MC: SO, E Fresh Fruit</p>	<p>Roast Beef & Yorkshire Pudding G, E, MK Spinach & Potato Parcel E, G, MK, SU V Roast Potatoes SU Jacket Potato & Fillings Carrots & Peas</p> <p>Yoghurt MK Fresh Fruit</p>	<p>Jacket Potato with: Chilli MC: G Cheese MK Egg Mayo E Tuna Mayo F Baked Beans Roasted Vegetables</p> <p>Chocolate Cake G, E, MK, SU & Chocolate Sauce MK Fresh Fruit</p>	<p>Battered Fish Fillet F, G Omelette E, MK V Chips Jacket Potato & Fillings Peas & Baked Beans</p> <p>Yoghurt MK Fresh Fruit</p>
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WEEK 3 – for weeks commencing: 19/06/23, 10/07/23, 04/09/23, 25/09/23, 16/10/23

WEEK THREE	<p>Vegetable Biryani MC: G V, Ve Aloo Keema MC: G V, Ve Fluffy Rice Jacket Potato & Fillings Green Beans</p> <p>Iced Carrot Cake E, G Fresh Fruit</p>	<p>Lamb Spaghetti Bolognese G Quorn Spaghetti Bolognese G, CE, E, SO V</p> <p>Jacket Potato & Fillings Peas</p> <p>Fruit Jelly Ve Fresh Fruit</p>	<p>BBQ Chicken Drumstick Quorn Wrap G, E, MK, MU V Spicy Rice Jacket Potato & Fillings Sweetcorn & Carrots</p> <p>Yoghurt MK Fresh Fruit</p>	<p>Tuna Pasta F, G Macaroni Cheese G, MK, MU V</p> <p>Jacket Potato & Fillings Mixed Vegetables</p> <p>Chocolate Muffin E, G, MK, SU Fresh Fruit</p>	<p>Fish Fingers F, G Broccoli & Cheese Quiche E, G, MK, V Chips Jacket Potato & Fillings Baked Beans</p> <p>Yoghurt MK Fresh Fruit</p>
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All about our food

STEP is committed to becoming an anti-racist organisation and the variety of cuisines on our menu is inspired by the diversity of children and staff within our trust.

All meals are freshly cooked at our academies by our own trained STEP Catering team. Our menu has been designed to meet all of the School Food Standards and our food is cooked using oven baking & steaming methods. All meat is fresh & UK sourced and we use seasonal fruit & vegetables. All meat is Halal.

Yoghurt, milk and fresh drinking water are available daily. If you require any information about allergies, please contact the school office. This menu may be subject to change.

Allergens Contain

CE=Celery, CR=Crustacean, E=Egg, F=Fish, G=Gluten, L=Lupin, MK=Milk, MO=Molluscs, MU=Mustard, N=Nuts, P=Peanuts, SO=Soya, SU=Sulphur, SE=Sesame Seed, MC=May Contain V=Vegetarian, Ve=Vegan

