


### Westbridge KS2 Home Learning Timetable

Day	9am – 11am Oak National Academy Schedule	11am – 11.15 am Mindfulness & Well-Being	11.15am-12.15pm Oak National Academy Schedule		1pm – 2pm Physical Education	2pm – 2.30pm Key Skills	2.30pm – 3.30pm Foundation Subjects
Monday	Lesson 1 1 hour	Action for Happiness Calendar – discuss and complete Monday’s action with your family	Lesson 3 1 hour	Lunch Time	PE with Joe Wicks online	Reading 15 minutes	Purple Mash online (send a message to your teacher, share your learning, ask questions)
	Lesson 2 1 hour					Times Tables Rock Stars online 15 minutes	
Tuesday	Lesson 1 1 hour	Action for Happiness Calendar - discuss and complete Tuesday’s action with your family	Lesson 3 1 hour		Take a short walk with your family, dance, or practice yoga	Reading 15 minutes	Drawing, creative writing and craft activities
	Lesson 2 1 hour					Handwriting 15 minutes	
Wednesday	Lesson 1 1 hour	Action for Happiness Calendar - discuss and complete Wednesday’s action with your family	Lesson 3 1 hour		PE with Joe Wicks online	Reading 15 minutes	Purple Mash online (send a message to your teacher, share your learning, ask questions)
	Lesson 2 1 hour			Times Tables Rock Stars online 15 minutes		Sumdog online	
Thursday	Lesson 1 1 hour	Action for Happiness Calendar - discuss and complete Thursday’s action with your family	Lesson 3 1 hour	Take a short walk with your family, dance, or practice yoga	Reading 15 minutes	Learn some cooking skills by helping to prepare a healthy snack/meal	
	Lesson 2 1 hour				Spelling 15 minutes		
Friday	Lesson 1 1 hour	Action for Happiness Calendar - discuss and complete Friday’s action with your family	Lesson 3 1 hour	PE with Joe Wicks online	Reading 15 minutes	Drawing, creative writing and craft activities	
	Lesson 2 1 hour				Times Tables Rock Stars online 15 minutes		
 <b>Remember</b>		Take <b>pride</b> in all of your work	<b>Persevere</b> when the task is hard		Have a <b>positive</b> attitude		Fulfil your <b>potential</b>

